



Pilar W. Dechet M.D.

Dr. Dechet was born in Cali, Colombia. After losing her parents at a young age, she was raised by her grandmother and uncle, and later immigrated to the United States at the age of 16. Through a miraculous turn of events, Dr. Dechet and her brother were unexpectedly adopted by an American family in Florida. Because of their love and support, she was able to follow in her adoptive father's footsteps and become an orthopedic surgeon.

Dr. Dechet learned to speak English by volunteering at a Miami Beach hospital and attending night classes. She later enrolled in a community college and subsequently transferred to Wellesley College, where she graduated magna cum laude. Dr. Dechet attended medical school at the University of Pennsylvania, where she met her husband, Christopher. She completed her orthopedic residency at the Mayo Clinic, where she received the outstanding resident award for her graduating class. She is a member of the American Academy of Orthopaedic Surgeons, the American Medical Association and the Ruth Jackson Orthopaedic Society.

Prior to starting her job with the Intermountain Orthopedic Specialty Group in 2002, she traveled for 6 months with her family in Southeast Asia, where she did volunteer medical work. Dr. Dechet currently works at Intermountain Memorial Clinic, specializing in knee and shoulder problems as well as pediatric fractures. She has continued to do volunteer work in our community by seeing patients from local free clinics that serve the underprivileged. She is married to Christopher and they have two daughters, Alejandra and Brianna, who have been raised bilingual.

"You don't have to be just a physician or a mother, you can find a balance and do both well."